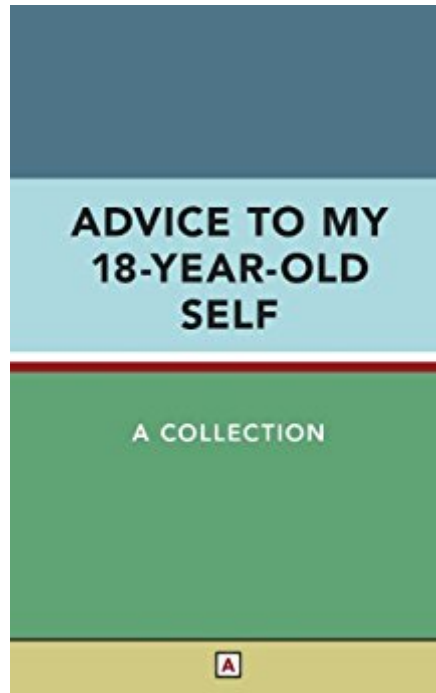




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Advice To My 18-Year-Old Self



Synopsis

Ever wish you could travel back in time and give advice to your 18-year-old self? Well, these 12 writers did just that. Sort of. **ADVICE TO MY 18-YEAR-OLD SELF** is a collection of 12 letters from a dozen different writers, ages 20 to 58, who give advice to their younger adulthood-approaching selves. Contributions from: James Gummer, Colin Wright, Joshua Fields Millburn, Ryan Nicodemus, Robert Isaac Brown, Colin Wright, Robyn Devine, Shawn Mihalik, Chase Night, Josh Wagner, Meg Wolfe, Samuel Engelen, and Markus Almond.

Book Information

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Customer Reviews

"Advice" is a short anthology of authors who have written letters to their 18-year-old selves with advice and encouragement. This premise makes it a great graduation present, as another reviewer wrote. It offers great advice on following your dreams, not giving up, and not worrying if everything doesn't turn out as planned. As often happens in anthologies with multiple authors, some of the stories are more compelling and touching than others. If you don't have a lot of background information on an author, his or her story has a much smaller impact on you; this book would have

benefited from lengthier letters that included more details, so that background knowledge wasn't as important.

I read this book at 20, and cool little thoughts and bits of wisdom, packaged in stories and tales of the past, are hugely useful and enjoyable to read. A few favorites: "There is a direct relationship between your ability to handle uncertainty and your happiness." "Remember that confidence is about knowing who you are and knowing you can overcome anything life throws at you." "Learn how to make money, as soon as possible. Money gives you the freedom to pursue the things you love." "When a woman tells you she loves you, the wisest thing you can do is take her word for it." "Make the absolute best use of your time that you can. That means moving ever-forward towards your ideal lifestyle, and being happy now, not just later"

An entertaining collection of essays about life and our choices. Not so much about regret as about accepting that we are who we are because of our choices, for better or worse. Varied perspectives, encased in varied essays sharing only a common basis.

Great purchase. I wasn't sure what to expect from various writers who'd compiled advice to younger versions of themselves. However, the variety of counsel from writers of all ages, backgrounds, and interests was a fun twist; the book showed how different our paths really are. Overall, it was a great lesson in shifting priorities and understanding that it's okay to make mistakes. Josh Wagner's advice to himself was probably my favorite. I've recommended this book to most of my friends.

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